

## Capitol Hill Village's (CHV) Guide to Getting Rid of Stuff

We all know how easy it is to acquire things over time, and CHV is happy to help members to de-clutter our homes and lives. Please refer to this list for clarity as to how to get rid of specific items. **If you are a CHV member** and you have an item that you would like to get rid of but do not see it on the list below, please call our office (202-543-1778, [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)) and we will assist you in finding a way to dispose of the item.

### General Reminders on CHV Pick-Up's:

- 1. All pick-up must be scheduled at least 2 business days before pick-up by calling CHV at 202-543-1778**
- 2. Please provide a detailed list of the items to be collected when you schedule pick-up**
3. Hazardous Waste is the first Saturday of the month beginning at 9:00AM
4. Book Pick up is the second Friday of the month beginning at 10:00AM
5. Medication and Eye Glasses pick up is ongoing, call the CHV office for assistance (202-543-1778)
6. House Hold Goods is quarterly (see programs calendar)
7. Bulk Trash is picked up by the city and can be scheduled by calling 311 from a DC phone

8.

<u>Pick Up Type/Time</u>	<u>What We can Pick Up</u>	<u>What We can NOT Pick Up</u>
<p><b>Hazardous Waste -- GENERAL</b></p> <p>First Saturday of the Month</p> <p>Organized by CHV</p>	<p><i>Please group together:</i></p> <ul style="list-style-type: none"> <li>• Aerosol</li> <li>• Ant poisons</li> <li>• Antifreeze</li> <li>• Asbestos</li> <li>• Auto fluids – brake, transmission</li> <li>• Bleach</li> <li>• Compressed fluorescent lamps</li> <li>• Drain decloggers</li> <li>• Fire extinguishers (household sizes)</li> <li>• Flammable adhesives</li> <li>• Flammable waxes and abrasives</li> <li>• Flares</li> <li>• Fluorescent lights, u-shape and circular</li> <li>• Fluorescent tubes 4 feet or less</li> <li>• Household batteries, lithium-based and batteries greater than 9 volts</li> <li>• Household cleaning products</li> <li>• Insecticides</li> <li>• Lawn or garden products</li> <li>• LED lights</li> <li>• Lights of all types</li> <li>• Mercury</li> <li>• Mercury thermometers</li> <li>• Motor oil</li> <li>• Latex Paints</li> <li>• Oil-Based Paints</li> <li>• Pet flea control</li> <li>• Photographic chemicals</li> <li>• Pool and spa chemicals</li> <li>• Propane tanks, no larger than 20 lbs.</li> <li>• Rodent poisons</li> <li>• Audio visual equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Anything too big or heavy for two volunteers to handle</li> <li>• Anything too messy or nasty to put in a volunteer’s personal car or van</li> <li>• Broken Glass (Can be recycled)</li> <li>• Ammunition (Take to the closest police station.)</li> <li>• Explosives (Take to the closest police station.)</li> <li>• Medicine [DO NOT FLUSH OR POUR! Call CHV office at 202-543-1778 to have medications picked up or take to drug take-back-site (check <a href="http://www.deadiversion.usdoj.gov/drug_disposal/takeback/">http://www.deadiversion.usdoj.gov/drug_disposal/takeback/</a> for next date). OR Mix with dirt, cat litter or used coffee grounds, then put in trash. Recycle empty bottle after marking out personal information or removing the identification label from bottle.]</li> <li>• Tires (While not accepted in the Saturday HHW/E-Cycling Drop-Off, up to four tires may be taken to the Ft. Totten Trash Transfer Station during regular business hours, weekdays from 1 pm to 5 pm and from 8 am to 3 pm on any Saturday, except holidays and the first Saturday of the month.)</li> <li>• Wooden TV cabinets or consoles (Call 311 for a bulk trash collection appointment)</li> <li>• Acrylic Paint (open it and let it dry out and then put in typical trash)</li> </ul>

<u>Pick Up Type/Time</u>	<u>What We can Pick Up</u>	<u>What We can NOT Pick Up</u>
<p><b>Hazardous Waste – APPLIANCES &amp; ELECTRONICS</b></p> <p>First Saturday of the Month</p> <p>Organized by CHV</p>	<p><i>Please group together:</i></p> <ul style="list-style-type: none"> <li>• Audio cassettes</li> <li>• Camcorders</li> <li>• Carbon monoxide detectors</li> <li>• CD Rom drives, CDs and DVDs</li> <li>• Cell Phones</li> <li>• Computers and monitors</li> <li>• Connectors / Cords / Wire</li> <li>• Copy machines</li> <li>• Fax machines</li> <li>• Floppy drives</li> <li>• Hard drives- <b>delete the hard drive on computers to remove personal information (a CHV volunteer can assist with this task prior to pick up)</b></li> <li>• Memory chips</li> <li>• Network / Video / Sound cards</li> <li>• Pagers</li> <li>• PDAs (e.g. Palm Pilots)</li> <li>• Power supplies</li> <li>• Printers</li> <li>• Scrap computer plastic</li> <li>• Scrap computer metal</li> <li>• Smart Phones</li> <li>• Smoke detectors</li> </ul>	<ul style="list-style-type: none"> <li>• Anything too big or heavy for two volunteers to handle</li> <li>• Anything too messy or nasty to put in a volunteer’s personal car or van</li> <li>• Broken air conditioners (call 311 for a bulk trash collection appointment.)</li> <li>• Broken microwave ovens (call 311 for bulk trash collection appointment.)</li> <li>• Broken large appliances, such as refrigerators, dishwashers, washing machines, dryers, etc. (call 311 for bulk trash collection appointment.)</li> <li>• Broken box fans, small fans, or standing fans (call 311 for bulk trash collection appointment.)</li> <li>• Other small appliances like blender, toaster oven, refuse irons, mixers, etc. can be put in the usual trash.</li> </ul>
<p><b>Hazardous Waste – SHREDDING</b></p> <p>First Saturday of the Month</p> <p>Organized by CHV</p>	<p><i>Please group together:</i></p> <ul style="list-style-type: none"> <li>• Up to 1 box (approximately 20"x14"x14") of personal documents</li> <li>• All staples, rubber bands, paper clips, even black “alligator clips” are able to be left on the documents</li> <li>• Up to 5 credit cards</li> <li>• License plates, <b>only after</b> the owner has completed an online tag cancellation (<a href="http://dmv.dc.gov/node/348102">http://dmv.dc.gov/node/348102</a>)</li> </ul>	<ul style="list-style-type: none"> <li>• Business or commercial shredding material</li> <li>• No more than 1 box of documents per visit per pick up</li> <li>• More than 5 credit cards per pick up</li> </ul>

<u>Pick Up Type/Time</u>	<u>What We can Pick Up</u>	<u>What We can NOT Pick Up</u>
<p><b>311 Bulk</b></p> <p>Arranged as Needed</p>	<ul style="list-style-type: none"> <li>• Air conditioners (drain water and fluids)</li> <li>• Hot water heaters</li> <li>• Household furniture</li> <li>• Large toys (kiddie pools, playhouses, disassembled swing sets)</li> <li>• Major appliances, e.g., refrigerators (doors removed)</li> <li>• Mattresses and box springs (MUST be wrapped in plastic), bed frames</li> <li>• Rugs (MUST be rolled and tied)</li> </ul>	<ul style="list-style-type: none"> <li>• Bricks*</li> <li>• Ceiling tile*</li> <li>• Construction Materials*</li> <li>• Demolition materials*</li> <li>• Dirt*</li> <li>• Drywall*</li> <li>• Small tree limbs – Tie and place with regular trash.</li> <li>• Tree stumps*</li> </ul> <p>* Note: Renovation materials, such as bricks, concrete, ceiling tiles, construction and demolition materials, and dirt are not accepted at the Ft. Totten Transfer Station or for bulk collections from residences. Please visit <a href="http://www.buildersrecyclingguide.com">www.buildersrecyclingguide.com</a> for a list of construction and demolition companies that may haul these items.</p>
<p><b>Household Goods for A Wider Circle</b></p> <p>Quarterly or as requested</p> <p>Organized by CHV</p>	<p>All items should be in <b>good</b> condition. Broken or stained items should go to other pickups.</p> <ul style="list-style-type: none"> <li>• Beds</li> <li>• Kitchen tables &amp; chairs</li> <li>• Baby items and children’s clothes &amp; toys</li> <li>• Coffee/side tables</li> <li>• Cleaning products (unused)</li> <li>• Vacuum cleaners</li> <li>• Kitchenware (pots, pans, utensils, toasters, etc)</li> <li>• Microwaves</li> <li>• Fans</li> <li>• Window air conditioners</li> <li>• Towels and bedding</li> <li>• Baskets</li> <li>• Personal care items</li> </ul>	<ul style="list-style-type: none"> <li>• Adult clothing (See Purple Heart pickup below)</li> <li>• Broken or stained items (find another appropriate pickup)</li> <li>• Large decorative items</li> <li>• Medical equipment like bedside commodes, walkers, canes, hospital beds, stair climbers, etc. (these items can be taken to DC Shares 202-332-2595, 1301 Belmont Ave NW, Monday, Wednesday or Friday from 9am-12pm or 1pm-5pm)</li> </ul>
<p><b>Book Pick Up by Friends of the South East Library</b></p> <p>Second Friday of the Month--</p> <p>Organized by CHV</p>	<ul style="list-style-type: none"> <li>• Children’s books</li> <li>• Fiction books</li> <li>• Nonfiction books</li> <li>• CD’s</li> <li>• DVD’s</li> <li>• VHS tapes</li> </ul>	<ul style="list-style-type: none"> <li>• Broken, stained or otherwise ruined books (these should be bagged and placed in the regular trash)</li> </ul>

<u>Pick Up Type/Time</u>	<u>What We can Pick Up</u>	<u>What We can NOT Pick Up</u>
<p><b>Purple Heart-Clothing and Home Goods</b></p> <p>Arranged as Needed by Calling CHV</p>	<ul style="list-style-type: none"> <li>• <b>Clothes</b>, All men’s, women’s, children and infant clothing including outerwear, underwear, shoes and boots, jackets, ties, shirts, dresses, blouses, sweaters, pants, hats, gloves, handbags, purses, raincoats and overcoats, swimsuits, sandals, shorts, sleepwear, jeans, T-shirts and formal wear.</li> <li>• <b>Home Goods</b>, cosmetics and toiletries (unopened), eyeglasses and sunglasses, artificial flowers and trees, umbrellas, yarns and material, knick-knacks, jewelry, luggage, buttons, musical instruments, towels, area rugs, Christmas and seasonal decorations, novelties, yard tools, hardware tools, bedding, draperies, blankets, bedspreads, quilts, sheets, pillows and pillow cases.</li> <li>• <b>Cookware</b> and bakeware, dishes, utensils, flatware, silverware, pots and pans, Tupperware, glasses and cups, serving plates and trays and canning jars.</li> <li>• <b>Toys</b>, Fisher Price and Little Tikes items, bicycles, tricycles, board and other games, stuffed animals, software for Playstation, Xbox and Wii.</li> <li>• <b>Small working appliances</b>, irons and ironing boards, sewing machines, microwaves, lamps, clocks, hair dryers, electric griddles, blenders, coffee makers and toasters.</li> <li>• <b>Computer items</b> including towers, printers, hard drives, software and accessories, telephones, smart phones, answering machines, portable copiers, fax machines, calculators, stereos, DVD players, video cameras and equipment and radios.</li> <li>• <b>Recreation Equipment</b>, camping equipment, roller blades, ice skates, golf clubs, baseball,</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Large Appliances</b> (dishwashers, dryers, washers, heaters, stoves, refrigerators and AC units)</li> <li>• Computer monitors and all tube TVs.</li> <li>• <b>Oversized, fabric, or other types of furniture</b>, bedroom sets and pieces, dining room sets and pieces, living room sets and pieces, kitchen sets and pieces, patio sets and pieces, office desks and related furniture, all wicker furniture, all upholstered furniture, loveseats and futons, overstuffed chairs, mirrors, dressers and chest of drawers, storage trunks, entertainment centers, pool and Ping-Pong tables, wood chairs, sofas, couches, swivel rocking chairs and pianos.</li> <li>• <b>Miscellaneous home items</b>, BBQ grills and tanks, carpets, fans, bottles, cans, liquids and food, crutches and walkers, wheelchairs and scooters, gas tools, hangers, auto rims, tires, ramps, exercise equipment, scrap items, lawn mowers, gas weed eaters and edgers.</li> <li>• <b>Beds</b>, frames, head and footboards, rollaways and cots, box springs, mattresses or convertible beds and waterbeds.</li> <li>• Encyclopedias, magazines, periodicals and newspapers.</li> </ul>

<u>Pick Up Type/Time</u>	<u>What We can Pick Up</u>	<u>What We can NOT Pick Up</u>
	<p>football, basketball, ice hockey, soccer, tennis, lacrosse equipment and accessories, skiing equipment and boots and fitness items.</p> <ul style="list-style-type: none"> <li>• <b>Small furnishings</b>, end and coffee tables, nightstands, wood rocking chairs, wall sconces, framed pictures and paintings, card tables and folding chairs, antiques, fireplace sets, small TV stands and microwave carts.</li> <li>• <b>Baby items</b>, bassinets, car seats, carriages, changing tables, playpens, baby walkers, high chairs and strollers</li> </ul>	